



به نام خداوند جان و خرد

Suicide treatment

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Primary diagnosis

- **Bipolar**
- **Schizophrenia**
- **Major depressive episode**
- **Dythymia**
- **Adjustment disorder with depression**
- **Conduct disorder**
- **Psychosis**



Demographic and miscellaneous factors

- ▶ **Male**
- ▶ **Older age**
- ▶ **White race**
- ▶ **Homosexuality**
- ▶ **History of attempt**
- ▶ **Family history suicide ideas**
- ▶ **Hopeless**
- ▶ **helpless**



Personality factors

- **Borderline**
- **Narcissistic**
- **Antisocial**
- **Conduct disorder**
- **Impulsive**



Comorbidities

- **Substance abuse**
- **Panic disorder**
- **Anxiety**
- **Axis III diagnoses**



Social factors

- **Divorced**
- **Widower**
- **Lives alone isolated**
- **Money worries**
- **Other losses**
- **No religion**



Other factors

- **Means available**
- **History of child abuse**
- **Few reasons to live**
- **Lots of adverse events**
- **Change friends**
- **Giving things away**
- **Guns in the home**

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Plan

- **Hospitalization**
- **ECT**
- **Drug therapy**
- **Psychotherapy (DBT, CBT, Supportive, problems)**

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Anti depressant

- ▶ TCA_s
- ▶ SSRI_s
- ▶ SNRI_s
- ▶ Novel antidepressant



ketamine



Lithium



Valproate



Carbamazepine




Lamotrigine




SGA



Clozapine

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- Asking someone about suicide will increase the risk of suicide.
 - It has been shown that asking someone about suicide lowers anxiety, opens up communication, and lowers the risk.
 - Only experts can stop a suicide.
 - Anyone can stop a suicide: listen, show you care, provide hope.
 - Suicidal people don't talk about it.
 - Most suicidal people have given some sort of clue or communicated an intent prior to their attempt.

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- Those who talk about suicide don't do it.
 - Those who talk about it may try and even complete a self destructive act.
 - Once a person decides to attempt suicide, no one can change their mind.
 - Suicide is a preventable form of death, almost any positive action may save a life.
 - No one can stop suicide.
 - If people in crisis get the help they need, they are far less likely to attempt suicide.



با تشکر
از توجه
شما